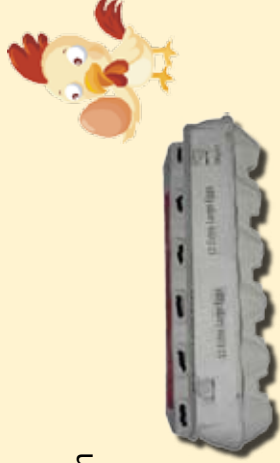


Worksheet : Food Choices

Name: _____

Step 1: Rank the factors below in order of importance to you when purchasing and consuming food (1 = the most important).

—	Healthy	—	Organic
—	Fresh	—	Genetically Modified
—	Little Packaging	—	Animal Welfare
—	Tasty	—	Locally grown and processed
—	Low cost	—	Alternative energy sources used on the farm (wind/hydro/biofuels)
—	Convenient	—	Water efficient farming methods used
—	Advertising	—	Produced on a large farm
—	Habit	—	Produced on a small family farm
—	Sold at a supermarket	—	Biodynamic
—	Sold at a greengrocer	—	Conservation Farming
—	Sold at farmers market	—	Hydroponics
—	Contains animal products		



Step 2: Which brand of eggs did you buy? _____ How many jelly beans did you buy? _____

Step 3: What values did you use when choosing the eggs? _____

Step 4: Were these the same as the values you identified in Step 1? Why/why not? _____

